

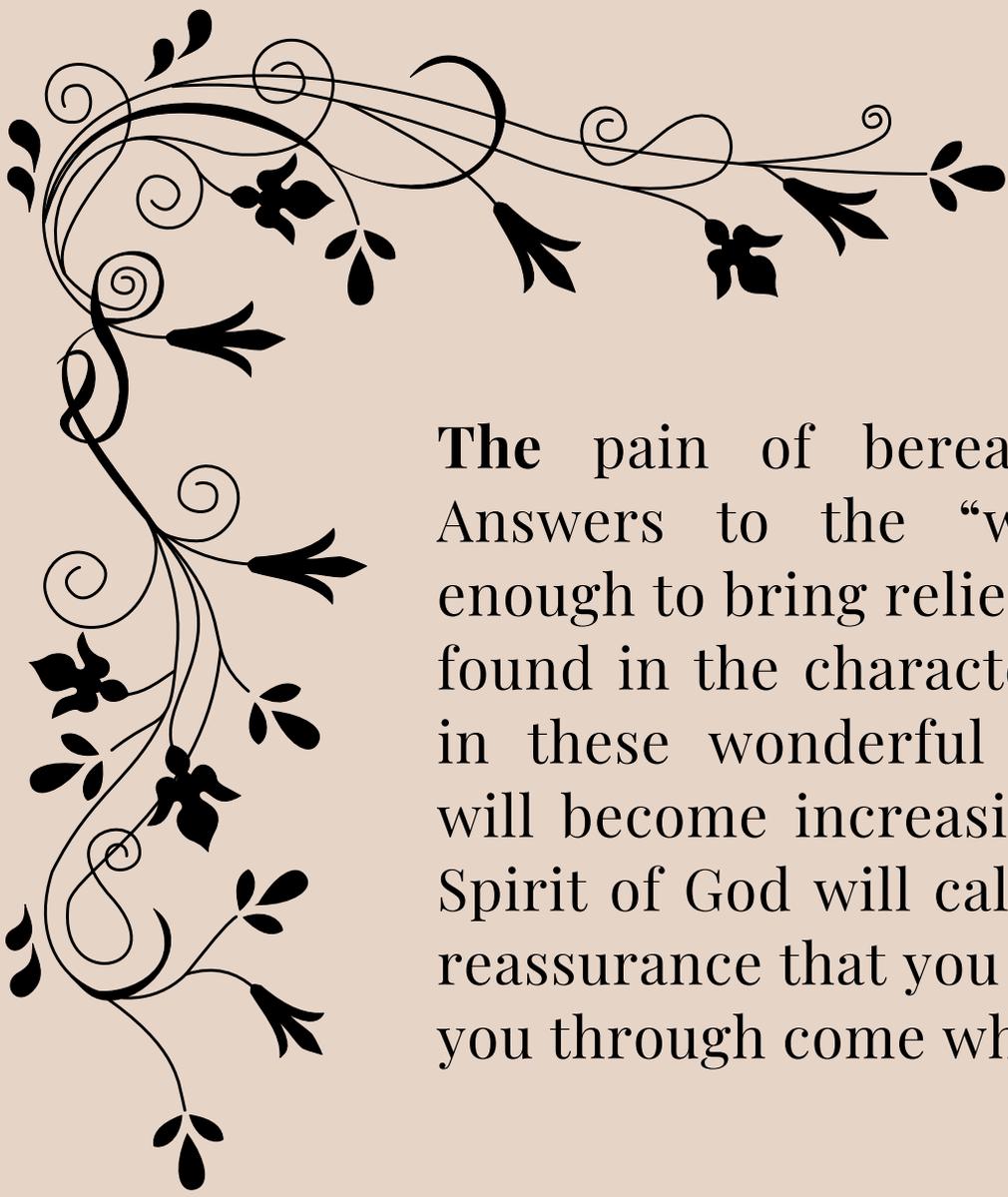
# Scriptures for Comfort

Psalm 119:50 ~ This is my comfort in my affliction, that your promise gives me life.



© No part of this free downloadable material from [lynne.little.org](http://lynne.little.org) may be shared, forwarded, blogged, or otherwise reproduced without express written permission from Lynne Little. All material is copyrighted to Lynne Little Ministries 2022

HOPE FOR THE HURTING  
Lynne  
Little  
Ministries



**The** pain of bereavement is overwhelming. Answers to the “whys?” are somehow not enough to bring relief. The strongest medicine is found in the character of a *Person*. As you bask in these wonderful promises, God’s Presence will become increasingly real. As you read, the Spirit of God will calm your soul. Receive God’s reassurance that you are never alone. He will see you through come what may.

## The Character of Grief

These scriptures paint a picture of grief. They were born of the authentic experiences of people like us. We can identify with them. They are given to us for that exact purpose.



2 Samuel 18:33—The king was deeply moved and went up to the chamber over the gate and wept. And thus, he said as he walked, “O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!”

Job 3:26—I am not at ease, nor am I quiet; I have no rest, for trouble comes.

Psalm 6:6 —I am worn out from my groaning; all night long I flood my bed with weeping; and drench my couch with tears.

Psalm 31:9—Be merciful to me, Lord, for I am in distress. My eyes grow weak with sorrow, my soul and body with grief.

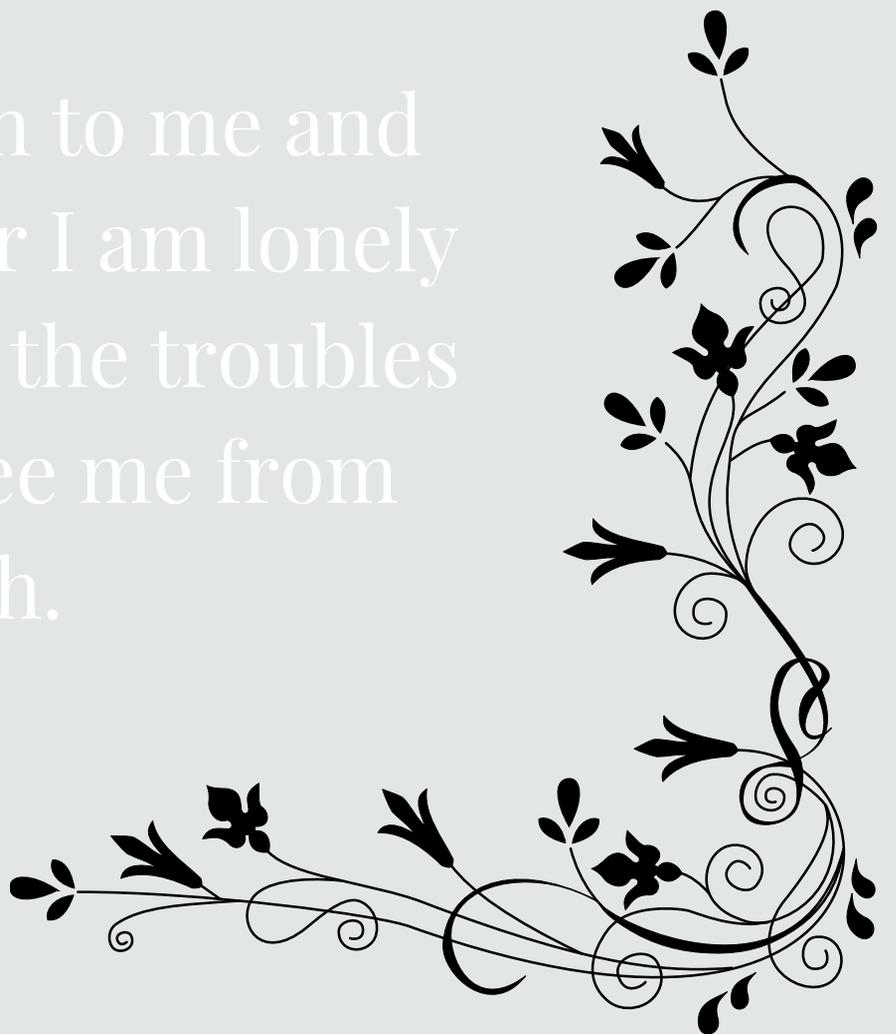
Psalm 56:8 —You number my wanderings; put my tears into Your bottle; Are they not in Your book?

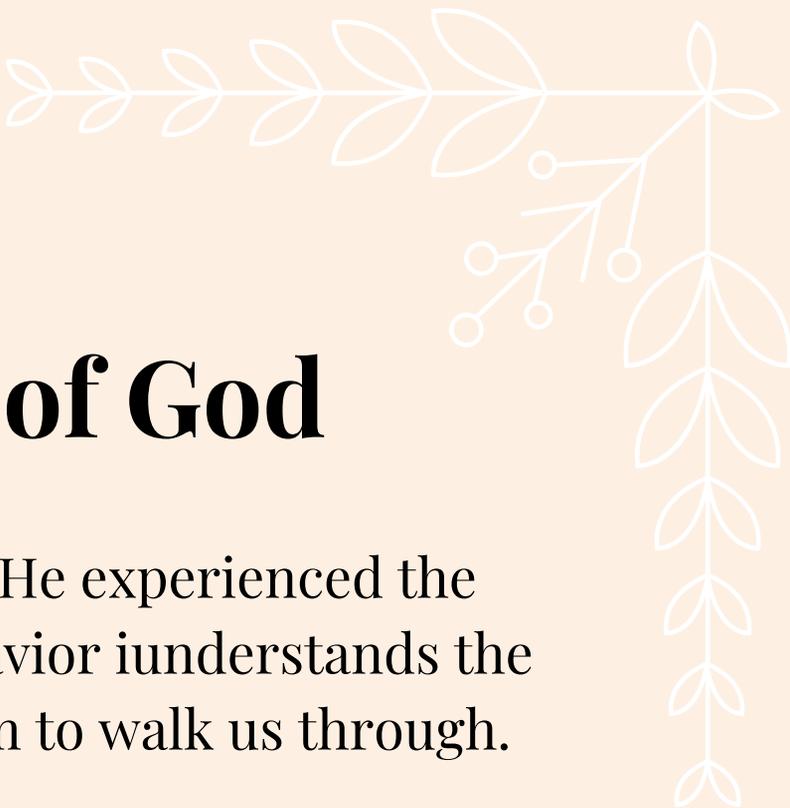
Isaiah 53:3 —He (Jesus) was despised and rejected by men; a man of sorrows and acquainted with grief; and as one from whom men hide their faces he was despised, and we esteemed him not.

Matthew 26:38—Then He said to them, “My soul is exceedingly sorrowful, even to death. Stay here and watch with Me.”



Psalm 25:16–17—Turn to me and be gracious to me, for I am lonely and afflicted. Relieve the troubles of my heart; and free me from my anguish.





# The Character of God

Jesus was no stranger to suffering. He experienced the worst during His life on earth. Our Savior understands the human condition. We can rely on Him to walk us through.



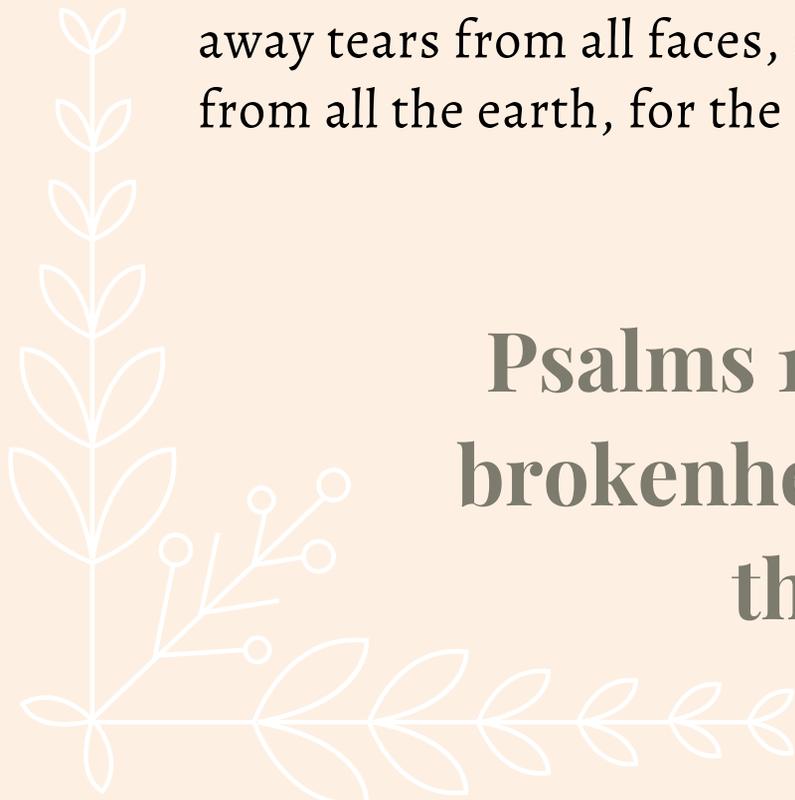
Psalms 22:24 – For He has not despised or scorned the suffering of the afflicted one; He has not hidden His face from him but has listened to his cry for help.

Psalms 23:4 – Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff they comfort me.

Psalms 34:18 – The Lord is close to the brokenhearted and saves those who are crushed in spirit.

Psalms 46:1 – God is our refuge and strength, an ever-present help in times of trouble.

Isaiah 25:8 – He will swallow up death forever; and the Lord God will wipe away tears from all faces, and the reproach of his people he will take away from all the earth, for the Lord has spoken.



**Psalms 147:3 – He heals the  
brokenhearted and binds up  
their wounds.**



Isaiah 41:10 – “Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, yes I will help you, I will uphold you with my righteous right hand.”

Isaiah 49:13b – ...for the Lord hath comforted His people and will have mercy on His afflicted.

Isaiah 54:10 – “For the mountains shall depart and the hills be removed, but my kindness shall not depart from you, nor shall my covenant of peace be removed,” says the Lord, who has mercy on you.

Jeremiah 31:13 – “...for I will turn their mourning to joy, will comfort them and make them rejoice rather than sorrow.”

Matthew 5:4 – Blessed are those who mourn, for they shall be comforted.

John 11:33-35 – Therefore when Jesus saw her weeping, and the Jews who came with her weeping, He groaned in the spirit and was troubled. And He said, “Where have you laid him?” They said to Him, “Lord, come and see.” Jesus wept.

John 14:1-3 – “Let not your heart be troubled; you believe in God, believe also in Me. In My Father’s house are many mansions; if it were not so, I would have told you. I go to prepare a place for you.”

John 14:18 – “I will not abandon you or leave you as orphans [comfortless, bereaved, and helpless]; I will come to you.” AMP

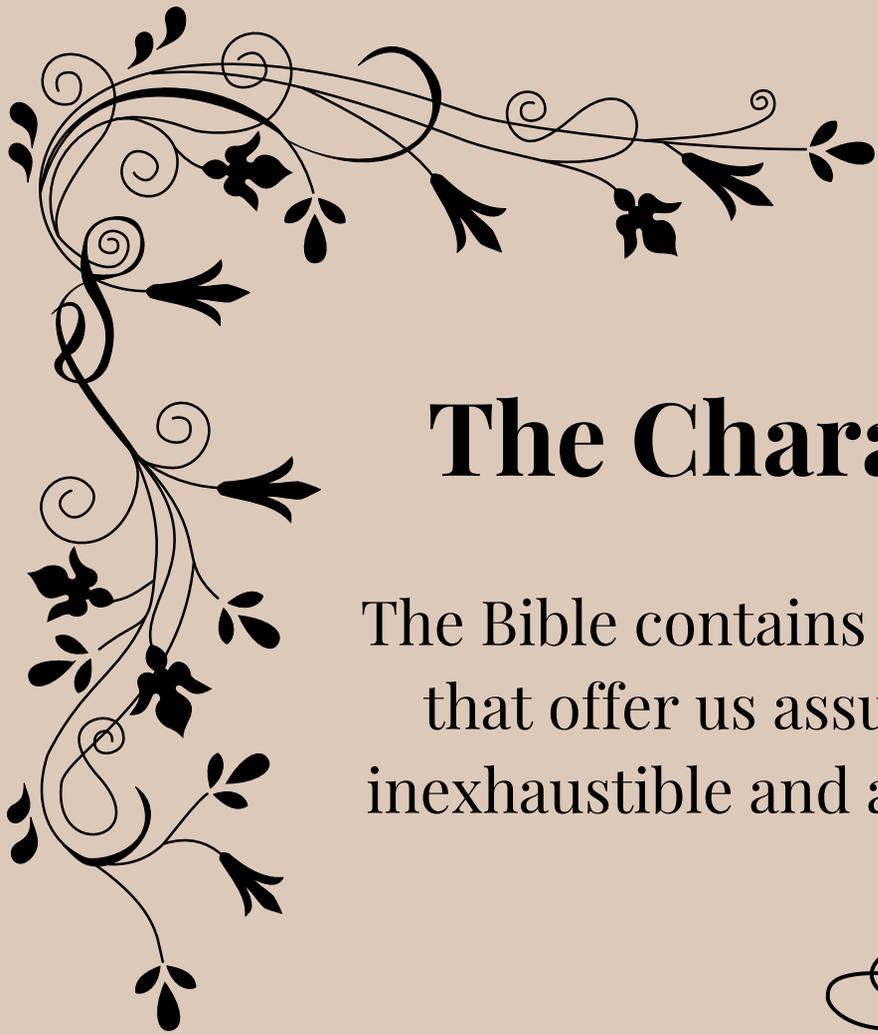
John 16:33 – “I have told you these things so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

2 Corinthians 1:3-4 – What a wonderful God we have. He is the Father of our Lord Jesus Christ, the source of every mercy, and the one who so wonderfully comforts and strengthens us in our hardships and trials. TLB

2 Thessalonians 2:16, 17 – May our Lord Jesus Christ himself and God our Father, who loved us and by His Grace gave us eternal encouragement and good hope, comfort your hearts and strengthen you in every good deed and word.

1 Peter 5:7 – Cast all your anxiety on Him, because he cares for you.

Revelation 21:4 – “He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.”



## The Character of Comfort

The Bible contains many great and precious promises that offer us assurance that the comfort of God is inexhaustible and always available. We only need ask.



Genesis 28:15 – “I [the Lord] am with you and will watch over you wherever you go.”

Psalms 9:9 – The Lord is a stronghold for the oppressed, a stronghold in times of trouble.

Nehemiah 8:10 – “...the joy of the Lord is your strength.”

Psalm 18:2 – "The Lord is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge, my shield, and the horn of my salvation, my stronghold."

Psalm 25: 16-17 – "Turn to me and be gracious to me, for I am lonely and afflicted. The troubles of my heart have multiplied; free me from my anguish."

Psalm 27: 4-5 – "One thing I ask of the Lord, this is what I seek: that I may dwell in the house of the Lord all the days of my life to gaze upon the beauty of the Lord and to seek him in his temple. For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his tabernacle and set me high upon a rock."

Psalms 30:5b – Weeping may endure for the night, but joy comes in the morning.

Psalm 46:1 – God is our refuge and strength, a very present help in times of trouble.

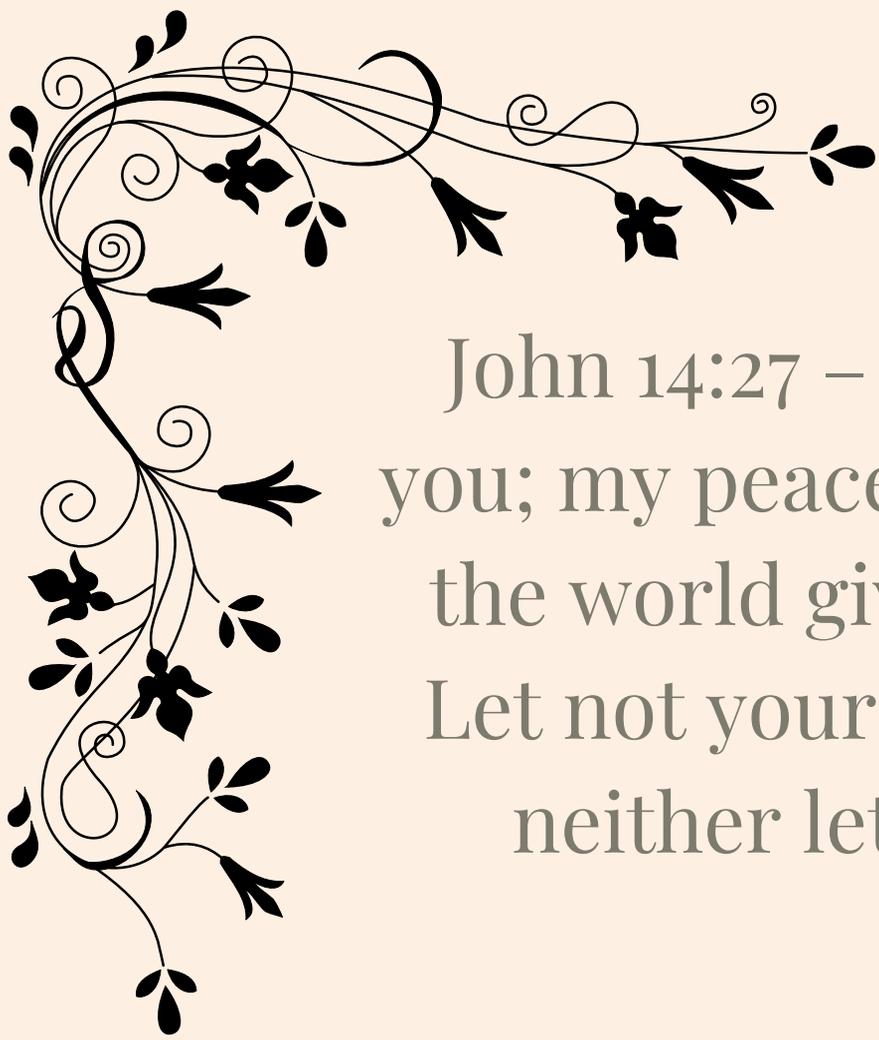
Psalm 46:10 – "Be still and know that I am God."

Psalm 55:22 – Cast your burden on the Lord, and he will sustain you; he will never permit the righteous to be moved.

Psalm 73:26 – My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

John 11:25-26 – "Jesus said to her, "I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live, and everyone who lives and believes in me shall never die."





John 14:27 – “Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.”

Romans 8:38-39 – “For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.”

1 Corinthians 15:55 – “O death, where is your victory? O grave, where is your sting?”

1 Thessalonians 4:13 – Brothers we don’t want you to be ignorant about those who fall asleep: or to grieve like the rest of men who have no hope.

Psalms 86:17 – “Give me a sign of your goodness, that my enemies may see it and be put to shame, for you, Lord, have helped me and comforted me.”

Psalms 116:15 – Precious in the sight of the Lord is the death of his saints.

Isaiah 40— “They that wait on the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”



Isaiah 43: 1-2, 4 – “I have called you by name, you are mine. When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you . . . You are precious in my sight, and honored, and I love you.”

Nahum 1:7 –The Lord is good, a stronghold in the day of trouble; he knows those who take refuge in him.

Matthew 11:28 – “Come to me, all who labor and are heavy laden, and I will give you rest.”

John 3:16 – “For God so loved the world that he gave his only begotten son, that whoever believes in him should not perish but have everlasting life.”

Romans 8:38-39 – “For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.”

1 Corinthians 15:55 – “O death, where is your victory? O death, where is your sting?”

Thessalonians 4:13 – “Brothers we don’t want you to be ignorant about those who fall asleep: or to grieve like the rest of men who have no hope.”

**Revelation 14:13—And I heard a voice from heaven saying, “Write this: ‘Blessed are the dead who die in the Lord from now on.’**

**“Blessed indeed,” says the Spirit, “that they may rest from their labors, for their deeds follow them!”**

